

# STANLEY

## Chinese Restaurant



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We focus our menu on healthy and contemporary style Chinese/ Japanese with a touch of European influence. The menu offers an extensive range of dishes, with classic favourites appearing alongside more adventurous oriental delicacies, is prepared by our expert chefs, of the highest possible standard.

The exciting range of 'Set Banquets' and an equally tempting 'A La Carte menu' have been carefully selected to suit your individual taste. If, however there is any dish you require which is not specified on the menu or any ingredients that you may need to avoid, e.g. nuts, M.S.G., wheat flour etc, please do not hesitate to ask our staff who will be pleased to assist your requirements.

Gratitude should always be at the customers' discretion.

Thank you. Enjoy your dining.

## House Special Set Meal

**£ 33 per person (Minimum for 2)**

### **Starter:**

#### **Supreme Hot Mixed Appetisers**

Steamed Scallop with Glass Noodle In Garlic Sauce

Steamed King Prawn In Black Bean Sauce

Pork Spareribs In Cantonese Sauce

Chilli Salted Shredded Beef & Mushroom

Deep Fried Chicken Dumpling

### **Second:**

Aromatic Crispy Duck Served with Pancake and Salad

### **Main Course:**

Grilled Fillet Steak In Cantonese Sauce

Tiger King Prawn With Asparagus In XO Sauce

Deep Fried Halibut In Ginger & Spring Onion Sauce

House Special Fried Rice

### **For 3 Persons**

Roast Duck In Black Bean Sauce

### **For 4 Persons**

Quick Fried Assorted Seafood With Sugar Snap Pea

### **For 6 Persons**

Wok Fried Lamb With Spring Onion & Black Pepper Corn

(n) = Nuts

## Banquet A

£ 28 per person (Minimum for 2)

### Starter:

#### Hot Mixed Appetisers

Chicken Skewered in Sate' Sauce (n)

Pork Spareribs in Peking Sauce

Crispy Spring Rolls

Sesame Prawn Toast

Chilli Salted Shredded Chicken

### Second:

Steamed Scallop with Glass Noodle In Garlic Sauce

### Third:

Aromatic Crispy Duck Served with Pancake and Salad

### Main Course:

Chicken with Spring Onion & Ginger

Sweet & Sour Tiger King Prawn

Shredded Fillet Steak In Black Bean Sauce

Young Chow Fried Rice

### For 3 Persons

Wok Fried Lamb With Spring Onion

### For 4 Persons

Roast Duck In Plum Dip

### For 6 Persons

Deep Fried Halibut In:

Ginger & Spring Onion Sauce, Sweet & Sour Sauce, Black Bean Sauce, Oyster Sauce

(n) = Nuts

## Banquet B

£ 24 per person (Minimum for 2)

### **Starter:**

#### **Hot Mixed Appetisers**

Chicken Skewered in Sate' Sauce (n)

Pork Spareribs in Peking Sauce

Crispy Spring Rolls

Sesame Prawn Toast

Chilli Salted Shredded Chicken

### **Second:**

Supreme Chicken/ Pork Lettuce Wrap

### **Third:**

Aromatic Crispy Duck Served with Pancake and Salad

### **Main Course:**

Beef In Cantonese Sauce

King Prawn With Asparagus In XO Sauce

Chicken In Black Bean Sauce

Young Chow Fried Rice

### **For 3 Persons**

Sliced Pork Loin & Mushroom In Soy Sauce

### **For 4 Persons**

Roast Duck With Spring Onion & Ginger

### **For 6 Persons**

Sliced Lamb In Black Pepper Sauce

(n) = Nuts

## Banquet C

£ 19 per person (Minimum for 2)

### **Starter:**

#### **Hot Mixed Appetisers**

Chicken Skewered in Sate' Sauce (n)

Pork Spareribs in Peking Sauce

Crispy Spring Rolls

Sesame Prawn Toast

Chilli Salted Shredded Chicken

### **Second:**

Aromatic Crispy Duck Served with Pancake and Salad

### **Main Course:**

Sweet & Sour Chicken

King Prawn & Cashew Nuts with Asparagus

Beef In Black Bean Sauce

Young Chow Fried Rice

### **For 3 Persons**

Shredded Pork Loin in Superior Soy Sauce

### **For 4 Persons**

Crispy Shredded Beef In Sweet Chilli Sauce

### **For 6 Persons**

Crispy Shredded Beef In Sweet Chilli Sauce

(n) = Nuts

## Soups

### Family Hour

#### Sweet Corn Soup

Chicken	£4.00	£3.50
Crabstick	£4.00	£3.50
Peking Hot & Sour Soup	£4.00	£3.50
Shredded Chicken & Coriander Broth	£4.50	£4.00
Shredded Duck Rainbow Broth	£5.00	£4.00
Won Ton Soup	£5.00	
Assorted Seafood & Coriander Broth	£6.00	

## Dim Sum Starter

#### H.K. Style Steamed Dumpling Served With Chilli/ Soy Sauce

Prawn and Pork ( Sui Mai )	£4.50	£4.00
Shrimp ( Har Gao )	£4.50	£4.00
Pork ( Shanghai Style Pork Dumpling )	£4.50	£4.00
Pan Fried Pork Dumpling ( Wor Tip )	£4.50	£4.00
Chicken Won Tun Parcel In Sweet & Sour Dip	£5.50	£4.50
Thai Style Salmon Fish Cake With Sweet Chilli Dip	£5.50	

## Starters

#### Supreme Hot Mixed Appetisers (Minimum for 2)

£9.50 per person

Steamed Scallop with Glass Noodle In Garlic Sauce  
 Steamed King Prawn in Black Bean Sauce  
 Pork Spareribs In Cantonese Sauce  
 Chilli Salted Shredded Fillet Steak & Mushroom  
 Deep Fried Chicken Won Tun Parcel

#### Hot Mixed Starter (Minimum for 2)

£6.00 per person

Chicken Skewered in Sate' Sauce (n)  
 Pork Spareribs in Peking Sauce  
 Crispy Spring Rolls  
 Sesame Seed King Prawn On Toast  
 Chilli Salted Shredded Chicken

(n) = Nuts

**Family Hour****Aromatic Crispy Duck Served with Pancake and Dressing**

Whole	£35.00	
½	£18.00	£16.00
¼	£9.00	£8.00

**Lettuce Wrap and Dressing (Minimum for 2)**

Minced Pork/ Chicken/ Beef	£4.50 per person
King Prawn	£6.00 per person

**Salt & Chilli Pepper In:**

Soft Shell Crab	£4.50 each
Monk Fish	£7.00
Tiger King Prawn	£6.00      £5.00
Squid	£5.50      £4.50

**Steamed Shelled Scallop (Minimum 2) In:**

£2.80 each

Garlic &amp; Glass Noodle, Black Bean Sauce, Ginger &amp; Spring Onion

**Steamed Shelled King Prawn (Minimum 2) In:**

£2.80 each

Garlic &amp; Glass Noodle, Black Bean Sauce, Ginger &amp; Spring Onion

Deep Fried Oyster With Sweet & Sour Dip	£6.00
Sesame Seed Butterfly King Prawn On Toast	£5.50      £4.50

**Grilled Satay Skewered (n)**

Fillet Steak	£6.50
King Prawn	£6.00      £5.00
Chicken	£5.50      £4.50
Lamb	£6.00      £5.00

Japanese Style Fillet Steak Skewered In Yaki Tori Sauce      £6.50

**Pork Spareribs Served In:**

Peking Sauce	£5.50	£4.50
Honey Roast Barbecue	£5.50	£4.50
Salt & Chilli Pepper	£5.50	£4.50

Shredded Chicken Spring Rolls      £5.00      £4.00

Crispy Shredded Chicken in Chilli Salted      £5.00      £4.00

Crispy Shredded Garlic Chicken With Honey Sauce      £5.00      £4.00

Crispy Seaweed      £3.50

**(n) = Nuts**



## Seafood Dishes

### Family Hour

Steamed Fresh Lobster in: Ginger & Spring Onion Black Bean Sauce	M. P.	
Baked Fresh Lobster in: Ginger & Spring Onion Black Bean Sauce	M. P.	
Stir Fried Turbot Fillet Served On Crispy Bones Spicy X.O. Sauce & Asparagus Ginger & Spring Onion Sauce Black Bean Sauce	M. P.	
Steamed Fresh Turbot Spring Onion & Ginger Sauce	M. P.	
Deep Fried Halibut in Batter with: Seafood & Egg Whit Sauce Black Bean Sauce Oyster sauce Spring Onion & Ginger Sauce Sweet & Sour Sauce	£14.90	£13.90
Steamed Halibut in: Black Bean Sauce Spring Onion & Ginger Sauce	£15.90	
Pan Fried Fish Fillet in Superior Soy Sauce & Spring Onion:		
Halibut	£15.90	£14.90
Sea Bass Fillet	£13.90	£11.90
Salmon	£13.90	£11.90
Steamed Whole Sea Bass in: Spring Onion Sauce Black Bean Sauce	£13.90	
Steamed Salmon in: Spring Onion Sauce Black Bean Sauce	£14.90	£12.90
Stir Fried Monk Fish & Asparagus: Spicy X.O. Sauce with Asparagus Saute' with Asparagus Black Bean Sauce Ginger & Spring Onion Sauce	£12.90	
Quick Fried Assorted Seafood with: Spicy X.O. Sauce with Asparagus Black Bean Sauce Ginger & Spring Onion Sauce	£10.90	

## Scallops Dishes

Quick Fried Scallops with:	£10.90
Spicy X.O. Sauce & Asparagus	
Black Bean Sauce	
Ginger & Spring Onion Sauce	
Saute' with Sugar Snap Peas	
Oyster Sauce on Seasonal Chinese Green Bed	

## Squid Dishes

Sizzling Quick Fried Squid with:	£8.00	£7.00
Spicy X.O. Sauce & Asparagus		
Black Bean Sauce		
Ginger & Spring Onion Sauce		
Saute' with Sugar Snap Peas		

## King Prawn Dishes

		Family Hour
Steamed Sheeldl King Prawns in:	£12.00	£10.00
Glass Noodle & Garlic Sauce		
Black Bean Sauce		
Ginger & Spring Onion Sauce		
Stir Fried King Prawns Served in:	£8.50	£7.00
Spicy X.O. Sauce & Asparagus		
Oyster Sauce on Seasonal Chinese Green Bed		
Ginger & Spring Onion Sauce		
Black Bean Sauce		
Szechuan Sauce		
Peking Style with onions		
Cantonese Sauce		
Saute' with Asparagus & Cashew Nut (n)		
Sweet & Sour King Prawn	£8.50	£7.00
King Prawn in Ginger & Spring Onion & Black Pepper Corn	£8.50	
King Prawn with Chilli & Garlic Flake in Superior Soy Sauce	£8.50	
Deep Fried King Prawn with Salad Sauce	£8.50	
King Prawn in Garlic Butter	£8.50	

## Chicken Dishes

		<b>Family Hour</b>
Quick Fried Chicken In	£7.50	£6.50
Ginger & Spring Onion & Black Pepper Corn		
Spicy X.O. Sauce & Asparagus		
Spring Onion in Hot & Spicy Sauce (Very Spicy)		
Chilli & Garlic Flake in Superior Soy Sauce		
Spicy Black Bean Chilli Paste Sauce		
Saute' with Asparagus & Cashew Nut (n)		
Stir Fried Chicken In	£7.00	£6.00
Curry Sauce		
Oyster Sauce On Bed Of Seasonal Chinese Green		
Black Bean Sauce		
Szechuan Sauce With Cashew Nut (n)		
Thai Sauce		
Cantonese Sauce		
Sweet & Sour Chicken	£7.00	£6.00
Golden Garlic Chicken in Honey Sauce	£7.50	
Crispy Shredded Chicken in Sweet Chilli Sauce	£7.50	
Lemon Chicken	£7.50	
Pan-Fried Chicken Japanese Style in	£8.50	
Toppan Yaki Sauce		

## Duck Dishes

		<b>Family Hour</b>
H.K. Style Roast Duck:	£8.50	£7.50
Roast Duck with Soy Sauce		
Mixed & Honey Roast Pork		
Duck In: Mango/ Orange/ Plum Sauce		
Quick Fried Sliced Duck in:	£8.00	£7.00
Spicy X.O. Sauce & Asparagus		
Black Bean Sauce		
Ginger & Spring Onion		

## Lamb Dishes

		<b>Family Hour</b>
Quick Fried Sliced Lamb in:	£9.00	£7.50
Spring Onion & Black Pepper Corn		
Ginger & Spring Onion		
X.O. Sauce & Asparagus		
Spicy Black Bean Chilli Sauce(Very Spicy)		
Chilli & Garlic Flake in Superior Soy Sauce		

Spring Onion in Hot & Spicy Sauce (Very Spicy)

## Beef Dishes

		<b>Family Hour</b>
<b>Quick Fried Beef In</b>	<b>£7.50</b>	<b>£6.50</b>
Spicy X.O. Sauce & Asparagus Ginger & Spring Onion & Black Pepper Corn Spicy Black Bean Chilli Sauce (Very Spicy) Chilli & Garlic Flake in Superior Soy Sauce Spring Onion in Hot & Spicy Sauce (Very Spicy)		
<b>Stir Fried Sliced Beef In</b>	<b>£7.00</b>	<b>£6.00</b>
Curry Sauce Oyster Sauce on Seasonal Chinese Green Bed Black Bean Sauce Black Pepper Sauce Mushroom And Oyster Sauce Szechuan Sauce with Cashew Nut (n) Thai Sauce Peking Sauce		
<b>Shredded Beef With Black Bean &amp; Sweet Honey Sauce</b>	<b>£7.50</b>	
<b>Crispy Shredded Beef In Sweet Chilli Sauce</b>	<b>£7.50</b>	

## Pork Dishes

		<b>Family Hour</b>
<b>Quick Fried Sliced Roast Pork In:</b>	<b>£7.00</b>	<b>£6.00</b>
Black Bean Sauce Satay Sauce <b>(n)</b> Ginger & Spring Onion X.O. Sauce & Asparagus		
<b>Chinese Honey Roast Pork</b>	<b>£8.00</b>	<b>£7.00</b>
<b>Sweet &amp; Sour Pork</b>	<b>£7.00</b>	<b>£6.00</b>
<b>Pork Loin In Chilli Salt</b>	<b>£8.00</b>	<b>£7.00</b>
<b>Japanese Style Pork Loin In Teppanyaki Sauce</b>	<b>£8.00</b>	<b>£7.00</b>
<b>Pork Loin In Black Pepper Sauce</b>	<b>£7.50</b>	<b>£6.50</b>
<b>Peking Sauce Pork Loin</b>	<b>£7.50</b>	<b>£6.50</b>
<b>Shredded Pork Loin in Ginger &amp; Spring Onion &amp; Black Pepper Corn</b>	<b>£8.00</b>	

Pork Loin in Superior Soy Sauce with Mushroom & Celery £8.00

## Fillet Steak Dishes

		<b>Family Hour</b>
Quick Fried Shredded Fillet Steak in:	£12.00	£11.00
Spring Onion & Black Pepper Corn		
Chilli & Garlic Flake in Superior Soy Sauce		
Spicy X.O. Sauce & Asparagus		
Japanese Style in Teppanyaki Sauce		
Superior Soy Sauce with Mushroom & Celery		

## Iron Griddle Sizzlers Dishes

Fried Fillet Steak in:	£12.00
Cantonese Sauce	
Ginger & Spring Onion Sauce	
Black Bean Sauce	
Black Pepper Sauce	

## Casserole Dishes

		<b>Family Hour</b>
Braised Fish Fillet with Oyster Sauce	£12.90	
Braised Fish Fillet with Aubergine In Black Bean Sauce	£12.90	
Braised Roast Pork with Fish Fillet	£12.90	
Lamb and Glass Noodle in Satay Sauce (n)	£9.50	
King Prawn and Glass Noodle in Satay Sauce (n)	£9.00	£6.50
Beef and Glass Noodle in Satay Sauce (n)	£8.50	£6.50

**(n) = Nuts**

## Chow Mein

		<b>Family Hour</b>
Assorted Seafood Chow Mein	£9.50	
House Special Chow Mein	£8.50	£7.50
King Prawn Chow Mein	£8.50	£7.50
Shredded Fillet Steak Chow Mein	£9.50	
Singapore Style Vermicelli ( <i>Slightly Spicy</i> ) (n)	£7.50	£6.00

## Fried Japanese Udon Noodle In XO Sauce (*Slightly Spicy*)

		<b>Family Hour</b>
House Special	£8.50	£7.50
Shredded Fillet Steak	£9.50	
Assorted Seafood	£9.50	
Singapore Style Fried Udon ( <i>Slightly Spicy</i> ) (n)	£8.00	£7.00

## Fried Rice

		<b>Family Hour</b>
Xo Sauce Seafood Fried Rice ( <i>Slightly Spicy</i> )	£9.50	
Shredded Chicken & Lettuce Fried Rice	£7.50	£6.50
King Prawn Fried Rice	£8.50	£7.00
House Special Fried Rice	£8.50	£7.00
Xo Sauce Shredded Beef Fried Rice ( <i>Slightly Spicy</i> )	£7.50	£7.00
Singapore Style Fried Rice ( <i>Slightly Spicy</i> ) (n)	£7.00	£6.00

## Side Order

Young Chow Fried Rice	£4.50	Steamed Rice	£2.20
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Plain Fried Soft Noodles £3.50

French Fries £2.00

Egg Fried Rice £2.80

(n) = Nuts

## Special Vegetarian Dishes

### Starters

		Family Hour
Sweetcorn Soup	£3.00	
Vegetarian Hot and Sour Soup	£3.50	£3.00
Assorted Vegetable Lettuce Wrap (Minimum for 2)	£4.00 per person	
Deep Fried Assorted Vegetable with Sweet & Sour Dip	£4.50	£3.50
Salt & Chilli Pepper In:		
Mushroom	£4.00	£3.50
Bean Curd	£4.00	£3.50
Aubergine	£4.50	£4.00
Crispy Vegetable Spring Rolls	£4.00	£3.50
Deep Fried Bread Crumbed Bean Curd	£4.00	£3.50
Seaweed	£3.50	£3.00

### Vegetarian Dishes

		Family Hour
Seasonal Chinese Vegetables In: Ginger Sauce, Oyster Sauce or Garlic Sauce	£6.50	£6.00
Stir Fried Eggplant (Aubergine) In: Black Bean Sauce, Szechuan Sauce or Sweet Grrlic Sauce	£6.50	£6.00
Stir Fried Bean Curd In: Sweet & Sour Sauce, Black Bean Sauce or Hot Garlic Sauce	£6.00	£5.50
Assorted Vegetable In: Black Bean Sauce, Satay Sauce, Sweet & Sour Sauce or Szechuan Sauce	£7.00	£6.50
Assorted Diced Vegetable with Cashew Nut	£6.50	
Vegetarian Singapore Style Vermicelli	£6.00	£5.50

(Slightly Spicy)

Mixed Vegetable Chow Mein	£6.50	£6.00
Mixed Vegetable Fried Rice	£6.50	£6.00

## Vegetarian Banquet

**£ 18 per person (Minimum for 2)**

### **Starter:**

#### **Vegetarian Hot Mixed Appetisers**

Mushroom In Chilli Spicy Salt  
Pan Fried Aubergine With Sweet Soy Sauce  
Crispy Vegetable Spring Rolls  
Deep Fried Bean Curd Bread Crumbed  
Seaweed

### **Second:**

Assorted Vegetable Delight With Fresh Lettuce

### **Main Course:**

Assorted Diced Vegetable with Cashew Nut  
Fried Aubergine In Black Bean Sauce  
Bean Curd in Sweet & Sour Sauce  
Mixed Vegetable Fried Rice